



FACTSHEET

DEMENTIA FRIENDS MOBILE APPLICATION

About the app

As part of the Dementia-Friendly Singapore movement, there is a growing range of community networks and resources that support caregivers in caring for their loved ones with dementia. These include six Dementia-Friendly Communities islandwide and a growing pool of Dementia Friends.

The Dementia Friends mobile app is a new addition to these resources available. It leverages technology and social media platforms to provide caregivers and Dementia Friends with knowledge, resources and support.

Through the app, users can:

- Get easy access to information and resources on dementia and caregiving
- Find out about the support available in the community for persons with dementia
- Sign up as Dementia Friend to show support and be part of the community look-out when a lost person with dementia is reported.

The mobile app was developed by the Agency for Integrated Care (AIC), Nanyang Polytechnic's School of Information Technology and Integrated Health Information Systems (IHIS). The project was supported by Tote Board.

Key features

1) Dementia Friend sign-up

- Learn about signs and symptoms of dementia as well as tips to communicate with persons with the condition.
- Find out about community resources available to support persons with dementia and their caregivers, such as nearby Go-To Points.
- Receive notifications on upcoming events for Dementia Friends such as training, screenings and talks.



2) Support for caregivers

- Access information and resources on dementia and attend upcoming caregiver-related events. The resources include:
 - Top 20 frequently-asked questions by caregivers of those with dementia, complete with answers.
 - Tips on daily living, caregiving and how to manage some behaviours related to the condition, e.g. their loved one's tendency to wander.



3) Rally the community to look out for a missing person with dementia

- Receive alerts to help keep a look out for someone with dementia who has been reported as missing.
- Report sightings of the missing person via the app, and/or alert the caregiver if you happen to find their loved one.

(Likewise, Dementia Friends who are caregivers of those with dementia can use the app as an additional platform to ask for help should their loved ones go missing)



Downloading the app

To download, search for “Dementia Friends” on Google Play or Apple App stores. Or use the following URLs:

Android



<http://tiny.cc/dfandroid>

iOS



<http://tiny.cc/dfios>

About Dementia-Friendly Community and Dementia Friends

The Dementia-Friendly Community (DFC) is a grounds-up movement aimed at building a caring and inclusive society that is supportive of persons with dementia and their families.

In a DFC, such persons will feel respected, valued and supported in leading independent lives at home and in the community. Six DFCs located in Yishun, Macpherson, Hong Kah North, Queenstown, Bedok and Fengshan have been established since 2016.

Dementia Friends are volunteers who are familiar with the signs and symptoms of dementia. They know how to interact and communicate with persons with dementia, help to keep a look out for missing persons with dementia and extend a helping hand when needed. Dementia Friends are an important building block of a Dementia-Friendly Singapore.