

FACTSHEET

SINGAPORE PROGRAMME FOR INTEGRATED CARE FOR THE ELDERLY (SPICE)

The Singapore Programme for Integrated Care for the Elderly (SPICE) is a model of care developed by the Agency for Integrated Care (AIC) to provide comprehensive, integrated centre and home-based services to support caring of the frail elderly.

2. An adaptation of the US-based Programme for All-Inclusive Care of the Elderly (PACE), SPICE enables frail elderly who have high care needs and are eligible for admissions into nursing homes, to recover and age within the community. Through SPICE Centres, a team of medical, nursing, allied health and ancillary professionals provides a suite of patient-centric services such as primary and preventative care, nursing care, rehabilitation services, personal care and social and leisure activities. These services are delivered at the SPICE Centre and/or at the clients' homes, depending on their needs.

3. AIC will partner Voluntary Welfare Organisations (VWOs) to operate SPICE centres in various regions of Singapore. The Centres will collaborate with the Restructured Hospitals (RHs) and nearby General Practitioners (GPs) to offer client-centred care, which will help lower the need for nursing home admissions, decrease hospital admissions and unnecessary visits to the emergency department. The centres also aim to reduce caregiver stress and increase clients' and caregivers' satisfaction through the overall care arrangements.

4. Under SPICE, VWOs' capabilities are enhanced to deliver a higher level of care to the clients. Enhancements include expansions to increase physical capacity,

increase in manpower and capability to enable effective management of frail elderly with higher care needs, as well as collaboration with a medical network to provide medical support for the frail elderly. The services provided at these SPICE Centres will be more holistic as compared with existing Day Rehabilitation Centres (DRC) in the community (see table below).

Existing DRC Model	SPICE
Caters to clients with rehabilitation potential. Does not cater to other aspects of care.	Caters to frail elderly who have high needs, often compounded by multiple co-morbidities.
Therapists plan for rehabilitation	Multi-Disciplinary team (led by case manager) comes up with a tailored and holistic care plan for the clients based on their needs.
Rehabilitation services are provided	A range of care services including medical, nursing, rehabilitation, meals and personal services.
Operating hours usually from 9am-5pm (Monday – Friday)	Extended operating hours: 7am - 7pm (Monday-Friday) Weekend services are provided by selected providers if assessed to be required (New)
Clients seek out other health and social care providers for additional services	Client's care plans cover both centre and home. Team also looks after the client's care needs at home, including home modification and meals delivery.
Means-tested fee for <u>rehabilitation services only</u> , with subsidies up to a maximum of 80%. Transport subsidy is also available for clients.	Means-tested packaged service e.g. nursing, personal care, rehabilitation services, etc. Clients will be means tested and subsidised up to a maximum of 80%. Transport subsidy is also available for clients.