


HOW TO HANDWASH



**WASH HANDS WHEN VISIBLY SOILED!
OTHERWISE, USE HANDRUB**

 Duration of the entire procedure: 40-60 seconds



Wet hands with water



Apply enough soap to cover all hand surfaces



Rub hands palm to palm



Right palm over left dorsum with interlaced fingers and vice versa



Palm to palm with fingers interlaced



Backs of fingers to opposing palms with fingers interlocked



Rotational rubbing of left thumb clasped in right palm and vice versa



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa



Rinse hands with water



Dry hands thoroughly with a single use towel or hand dryer



Your hands are now safe



*...once dry,
your hands are safe.*