

Stroke Rehab: Assist Clients in Stroke Rehabilitation (Physiotherapy Domain)

– Basic Level - Part 2

Stroke Rehabilitation is an important part of recovery after stroke. Join this course to gain fundamental knowledge of stroke rehabilitation and learn to assist clients in their rehabilitation.

Course Objectives

- Understand kinetics and kinematics of the gait cycle using the Observational Gait Analysis approach (Rancho phases and critical events of gait observational analysis)
- Understand features of common pathological gait abnormalities including antalgic gait, hemiplegic gait, sensory ataxia gait and others
- Identify goals of gait rehabilitation using the International Classification of Functioning (ICF) model
- Learn how to train to improve walking ability to of patients requiring different assistance level after stroke
- Learn various balance assessments, exercise strategies, treadmill unweighting training
- Know the advantages and disadvantages in using instrumented analysis

Course Outline (1 Full day + 2 Half days)

Day 1:

- Normal gait
- Instrumented analysis
- Abnormal gait
- Goals of gait rehabilitation

Day 2:

- Balance assessment
- Training strategies to improve walking ability

Day 3:

- Skills competency assessment

Training Methodology

Lectures, group discussions, role play, demonstrations

Trainers' Profile

Khin Wei Thet, a Senior Physiotherapist at St Luke's Hospital, the first hospital in Singapore dedicated to the elderly sick. Wei Thet has the experience teaching and supervising physiotherapy students. She is also the lead in providing care to geriatric clients and those who had stroke.



Target Audience:

Therapy Aides, Therapy Assistants

Course Dates & Time

(1 Full day + 2 Half days):

Day	1	2	3
Date	26 Nov 2020	3 Dec 2020	10 Dec 2020
Time	9am to 6pm	2pm to 6pm	2pm to 6pm

Course Fee: \$593.85 (including GST)
Prevailing course fee subsidy at **90%** for Singaporeans/PRs and **45%** for foreign staff working in eligible community care organisations.

Venue: St Luke's Hospital
2 Bukit Batok Street 11
Singapore 659674

REGISTER

through your organisation's designated AIC LMS Administrator
https://lms.aic-learn.sg/lms/app/SYS_login.aspx

Course Code: SLH-CL-15-04

Enquiries

6895 2786, sla_admin@stluke.org.sg