



Family Dignity Intervention (FDI): Psycho-Socio-Spiritual Care for Terminally-Ill Patients and their Families

Dates: 24 and 25 February 2020

Time: 9am - 5pm

Venue:

Lee Kong Chian School of Medicine
(Novena Campus)

11 Mandalay Road Singapore 308232

Overview

In this workshop, participants will learn and experience a novel and clinically robust Family Dignity Intervention (FDI) to cultivate existential wholeness among terminally-ill patients/clients and their families. FDI is an innovative and effective intervention for advancing holistic palliative care in Singapore.

The use of FDI has shown to improve patients' quality of life, hope, positive life outlook and life meaning, as well as decrease caregivers' stress and depressive symptoms. Through mini-lectures, role-plays, hands-on practices, experiential exercises and case sharing, participants will learn the theoretical foundation, clinical skills and techniques of FDI. Participants will also learn ways to incorporate FDI in the provision of Advance Care Planning.

Who Should Attend

Physicians, registered nurses, social workers, psychologists, counselors, ACP trainers and facilitators, and chaplains working in nursing home, hospice, palliative and end-of-life care.

Objectives

By the end of this workshop, participants will be able to:

- Define the construct of dignity as it relates to palliative and end-of-life populations in the Asian context
- Describe the association between an undermined sense of dignity and physical and psychological outcomes
- Outline the theoretical underpinnings of FDI as a psycho-therapeutic intervention
- Identify the practical counselling skills and etiquette required to conduct FDI
- Experience taking on the role of FDI therapist, patient/client and caregiver through role play
- Summarize the rationale for and steps involved in editing and creating an FDI legacy document

Course Fees (after GST)



\$428.00 per person

(before subsidy*)

**Prevailing course fee subsidy at 90% for Singaporean/PR and 45% for non-Singaporean/PR working in eligible Community Care organisations.*

**Organisations will be billed the amount after subsidy.*

Trainers



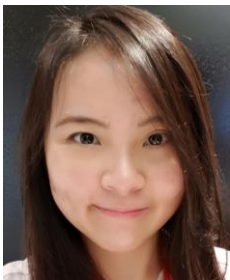
Associate Professor Andy Hau Yan HO

Dr Ho is Associate Professor of Psychology at the School of Social Sciences, Honorary Joint Assistant Professor at the Lee Kong Chian School of Medicine, and Deputy Director of the Centre for Population Health Sciences at Nanyang Technological University, Singapore. He is a Fellow in Thanatology, and currently serves on the Board of Directors of the International Work Group on Death, Dying and Bereavement (IWGDDB), and the Association of Death Education and Counseling (ADEC).



Ms Geraldine TAN-HO

Ms Tan-Ho holds a Masters of Social Science in Professional Counselling (Msoc.Sc) and is a Certified Thanatologist for her professional and educational achievements in the field of death, dying and bereavement. She is currently a Research Associate and Senior Counsellor in the Nanyang Technological University of Singapore and heads the novel Family Dignity Intervention Therapy for terminally-ill patients and their families, with the aim of addressing the culture-specific psychosocial-spiritual needs of the Asian population.



Ms CHOO Ping Ying

Ms Choo is currently serving as a Research Associate and Counsellor in the Nanyang Technological University of Singapore and focuses her efforts on pioneering the novel Family Dignity Intervention (FDI) for terminally-ill patients and their families. To-date, she has worked with close to 60 families of various ethnicities and in 4 different languages. Her flexibility and creativity allow her to build strong rapport with patients and families of various interaction dynamics, as they share their personal stories and vulnerable emotions with her.

Registration Details

- Registration closing date: **31 January 2020**
- Please register through **AIC ILTC-LMS**.
- For any enquiries or those without access, please contact us at enquiries@palc.org.sg or 6500 7269.